

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Sweet n' Sour Chicken with Noodles or Tofu Katsu Curry	Chicken Pasta Bake or Mixed Bean Enchilada	Roast Turkey or Spinach & Ricotta Cannelloni Topped with Cheese	Beef Bolognese or Vegetable Lasagne	Baked Fish (<i>gluten free</i>) or Skinless Plant Based Sausages
Sides	Green Beans	Sweetcorn	Thyme Roast Potatoes & Carrots	Sweetcorn	Chunky Chips & Baked Beans (<i>low salt and sugar</i>)
Dessert	Jelly	Yoghurt	Fresh Fruit Salad	Jelly	Sorbet
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Cucumber	Carrot	Sweetcorn	Pepper	Cucumber

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Turkey Leek and Mushroom pie or Sweet Potato, Lentil, 5 Beans and Coconut Curry	Lamb Casserole or Mild Harrissa, Butternut Squash, Cauliflower and Feta Pie	Roast Chicken with Yorkshire Pudding & Gravy or Loaded Mac n' Cheese	Chicken Tagine or Vegetarian Tagine	Baked Fish (<i>gluten free</i>) or Plant Based Meatballs with Tomato Basil Sauce
Sides	Green Beans, Broccoli and Creamy Mash	New Potatoes and Sweetcorn	Peas and Roast Potatoes	Steamed Rice and Green Beans	Chunky Chips, Garden Peas & Baked Beans (<i>low salt and sugar</i>)
Dessert	Marble Cake with Chocolate Sauce	Yoghurt with Fruit Berry Compote	Fresh Fruit Salad	Jelly	Sorbet
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Cucumber	Carrot	Sweetcorn	Cucumber	Pepper

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Chicken Balti or Vegetable Balti	Skinless Sausages with Gravy or Quorn Sausages with Gravy	Roast Chicken or Yorkito with Selection of Vegetables	Margherita Pizza	Baked Breaded Fish (<i>gluten free</i>) or Vegetable Frittata
Sides	Steamed Rice and Sweetcorn	Creamy Mash and Baked Beans	Roast Potatoes & Carrots	Wedges and Sweetcorn	Chunky Chips, Peas and Sweetcorn
Dessert	Jelly	Chocolate Sponge and Chocolate Sauce	Fresh Fruit Salad	Jelly	Sorbet
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Cucumber	Carrot	Sweetcorn	Cucumber	Pepper